



Supporting older people to connect with their communities

We work with Volunteers to:

- Visit the older person at home to get to know them and discover their interests
- Find out what local services, clubs and opportunities are out there and support individuals to link into them
- Help isolated older people gain maximum independence and feel part of their communities

Give us a call.....we would be really pleased to hear from you!





Are there times when you or someone you know feels lonely?

Would you benefit from some support to get out and about?

Following a house move and an illness, Mabel never left her house for over 2 years and lost interest in life.

Since working with ReConnect, Mabel has regained her confidence going out and is enjoying her new found independence.

Mabel says “I am so happy I made the decision to call. ReConnect is an excellent service. Its changed my life. I feel 100% better knowing ReConnect is there!”

If you are aged 50 or over, feel lonely and isolated and would like to find out more about how ReConnect can help you rebuild your confidence and enjoy a fuller life again, please contact:-

Barbara or Fiona at Healthy Valleys on 01555 880666

