



Walking Groups



Lesmahagow

Every Monday — meet at 11am

Langdykeside Car Park, Lesmahagow, ML11 0EY

Rigside

Every Wednesday — meet at 11am

Rigside Hall, Muirfoot Road ML11 9LX

Biggar

Every Thursday — meet at 10am

Gillespie Centre, High Street, Biggar, ML12 6BJ

Lanark

Every Thursday — meet at 1.30pm

Lockhart Community Hub, Lanark ML11 7RX

Sunday Afternoon — Meet at 2.00pm

Lanark Lifestyles ML11 7DG

1st Sunday of the month

Carluke Buggy Walk

Every Friday before Bookbug - meet at 10.15am

Carluke Lifestyles ML8 4DF

Coalburn

Every Friday - meet at 10am

Coalburn One Stop Shop ML11 0LH



paths
for all

No need to book, ... All welcome!
*If you are interested in finding out more or volunteering
please call Amanda or Gail 01555 662496*